

PSYCHOLOGY DEPARTMENT'S UNDERGRADUATE MISSION STATEMENT :

The Psychology Department seeks to advance the discipline of psychology as an area of scholarly, professional, and scientific endeavor. Our primary focus is to provide high quality education. We actively engage in the discovery and dissemination of knowledge in the behavioral sciences and encourage research and scholarship by both the faculty and student body. We prepare students for specific careers within psychology, including those in teaching, research, and the delivery of clinical services, many of which require graduate study beyond the baccalaureate. Our programs are designed to prepare students for lifelong self-education and participation in an increasingly diverse society.

STUDENT LEARNING OUTCOMES: All undergraduate Psychology courses are designed to meet specific student learning outcomes consistent with the above stated mission statement. These outcomes represent the skills, knowledge, and attitudes that we believe important to the developing Psychology major. *Psy 447, Interpersonal Relationships*, is designed to meet the following student learning outcomes:

1. **Knowledge of Group Psychological Theory and Research:** Psychology majors who graduate from West Chester University will possess a general knowledge of group cognitive behavioral & psychodramatic group psychology.
2. **Group Research/scholarship skills.** Students pursuing group psychology courses at West Chester University will be able to apply their course learning through group activities requiring critical thought, analysis of research data, and application of group skills.
3. **Knowledge of Group Ethical Considerations:** Psychology majors will demonstrate awareness of group ethical issues in research and/or applied settings.
4. **Information literacy.** Psychology majors will demonstrate the ability to access scientific information effectively and efficiently in psychodramatic and cognitive behavioral areas, evaluate information and its sources, and use scientific information effectively to develop and support a logical argument.

WCU GENERAL EDUCATION GOALS: In addition to meeting specific learning goals within the discipline of Psychology, this course is also designed to contribute to students' growth in the following areas of personal and intellectual development (derived from the WCU General Education Goals):

1. Effective group communication skills
2. Ability to think critically and analytically.
3. Demonstration of the sensibilities, understandings, and perspectives of a person educated in the liberal arts tradition.
5. Thoughtful responses to diversity.
6. Ability to make informed value decisions and ethical choices.

COURSE DESCRIPTION: The purpose; (a) to introduce the theory and practice of psychodrama as a group therapeutic modality utilizing the triadic cognitive group model; (b) be familiar with the basic techniques of cognitive behavioral therapy and psychodrama; (c) to identify five structural constructs, and three procedural components of the psychodramatic process; (d) be conversant with the five basic operational techniques of the psychodramatic process; and (e) familiarize self with group cognitive behavioral skills to understand the cognitive triad by observing mood, behavior, and thought processes utilizing "Thought Records". Graduate students will be familiarized with tests measuring various aspects of inter & intra personal relationships. The data will become part of your class file to be used for both instructional and research purposes. The long-range purpose is to improve the effectiveness of the group-cognitive therapy model for the training of group and individual therapists. The work and activities of this course have been chosen specifically to help you meet the student learning outcomes outlined above.