

Guidelines for Analyzing Video Flash-Drive's

Due Date: (written critiques due the following week) *Note - Video Flash Drives will be reviewed in private / with group member. Flash drives are returned next group session.

Review & analyze (one) PSYCHODRAMA Flash drive & present a written CRITIQUE for group members. ***Include in your analysis:***

- Identify psychodramatic & CBT techniques employed during the three psychodramatic stages.
- Were the action techniques used appropriately? Did they make sense to you from a theoretical & applied perspective?
- Were group members following the group's interaction?
- The ATR technique was used in selecting protagonist?
- Were the protagonist's schemas and core beliefs clear? Did the facilitator explore schemas and core beliefs in action?
- Was scene setting used? Did scene setting assist in gaining additional clinical information?
- How were auxiliaries selected? List the type(s) of auxiliaries used during the session.
- During the closure phase of the session, were the protagonist, auxiliaries, and group members de-rolled?
- During the sharing phase did group members express their thoughts (sharing) related to self & protagonist?
- Was homework (behavioral experiment) given? Were group members assigned to 'follow up' with protagonist?
- If and when spin-off" dramas occurred, how were they handled?
- Describe the conflicts that could have been explored but would have not been appropriate for this group session.
- Was closure comfortably reached for group participants?
- Identify ***the current stage of group*** development.
- Lastly, put yourself in the "*role of the director*" (role-reverse) and indicate the techniques you would have used in directing this drama. Be able to support your reasons (refer to your text and articles).